Template

Product: MG19432 HEART ATTACK

Product Size (H x W): 6" x 3.5" Imprint Area: 1.25" x 3.25" Blue Dashed Lines indicate the bleed allowance.
Orange Solid Lines indicate the die cut area.
Yellow Dashed Lines indicate maximum imprint area for graphics and text that does not bleed.



Medical experts say the body likely will send one or more of these warning signals of a heart attack:

- Uncomfortable pressure, fullness, squeezing or pain in the center of the chest lasting more than a few minutes.
- Pain spreading to the shoulders, neck or arms.
 May be mild to intense. May feel like pressure, tightness, burning, or heavy weight.
 May be located in the chest, upper abdomen, neck, jaw, or inside the arm or shoulders.
- Chest discomfort with lightheadedness, fainting, sweating, nausea or shortness of breath.

- Anxiety, nervousness and/or cold, sweaty skin.
- Paleness or pallor.
- Increased or irregular heart rate.
- Feeling of impending doom.

Not all of these signs occur in every attack. Sometimes they go away and return. If some occur, get help fast.

Call your Emergency Medical Services and get to a hospital right away!

IF THE BLOCKAGE IN THE ARTERIES SERVING THE HEART MUSCLE CAN BE CLEARED QUICKLY ENOUGH--WITHIN THE FIRST FEW HOURS OF THE ONSET OF THE ATTACK--PERMANENT DAMAGE CAN BE HELD TO A MINIMUM.